



# Utilisation of a centralised customer management solution with AI-based predictive analytics to improve home-care operations in an integrated social and healthcare organisation

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# **Strategic Background of AI-based Solutions in Home Care**

# Development of service integration



Added value comes from data

**Hierarchies**

MUNICIPALITY  
MUNICIPALITY  
MUNICIPALITY  
HOSPITAL

**Added value comes from hierarchies**

Focused on organization and professionals

Based on different municipalities

**Economy of scales**

LARGER MUNICIPALITIES  
HOSPITALS

**Added value comes from economy of scales**

Focused on organization and professionals

Contract based co-operation

**Integration**

**Added value comes from the data**

Focused on citizens

Structural integration

**Ecosystem**

eksote  
Service providers

Biobanks  
HELSINGIN BIOPANKKI  
HELSINGFORS BIOPANKK  
HELSINKI BIOPANK

VERO SKATT Taxation

Kela Social insurance  
Social benefits

TE-palvelut tjänster | services  
Unemployment

**Added value comes from data analyzing and Artificial Intelligence**

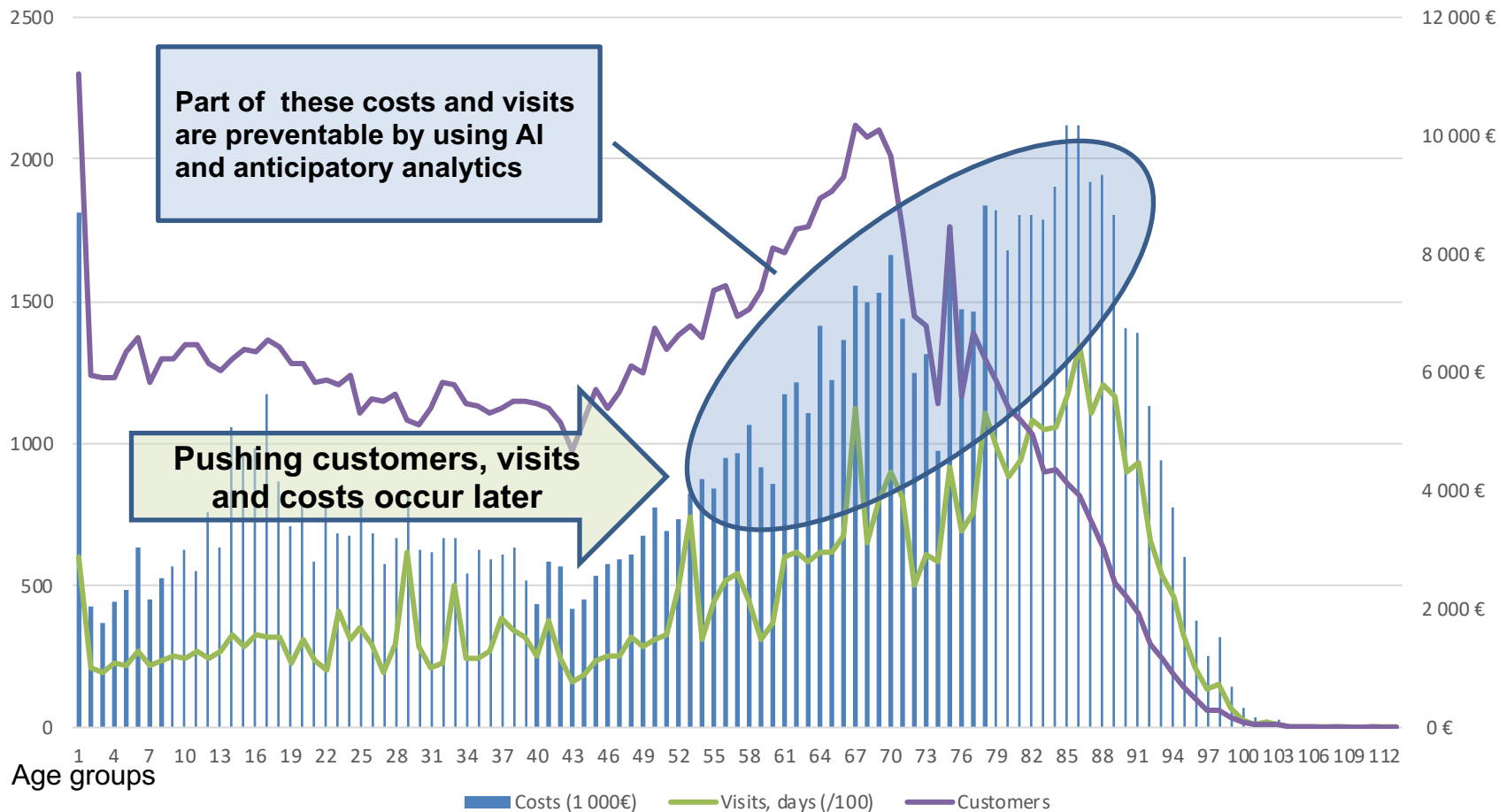
Orchestrate large ecosystems by AI

Focused on citizens and common data.

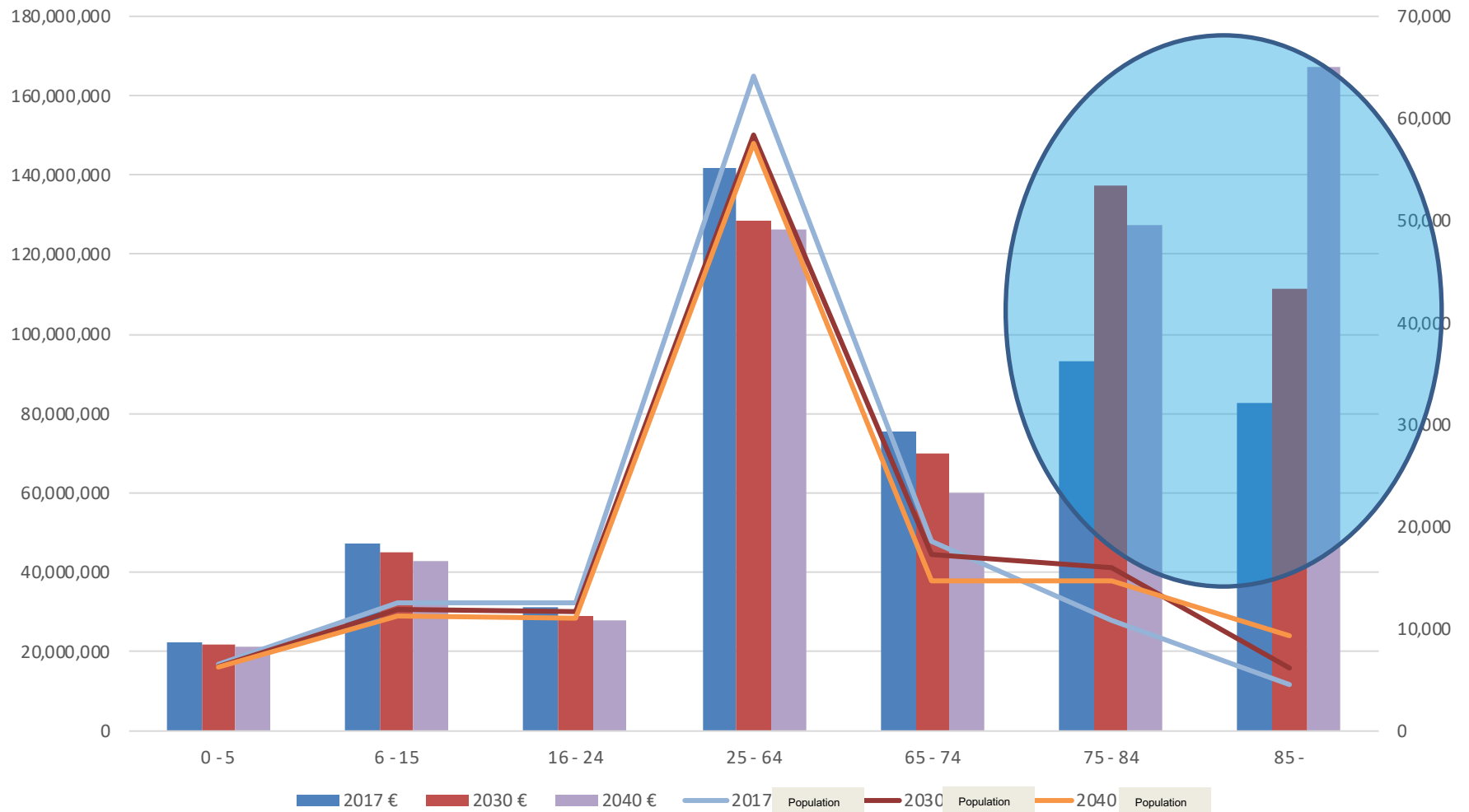
Autonomy of work

Autonomy of the workers and citizens

# Common challenge in most countries



# The development of costs and population change in South Karelia during 2017-2040



# Why the new regional model Eksote was made



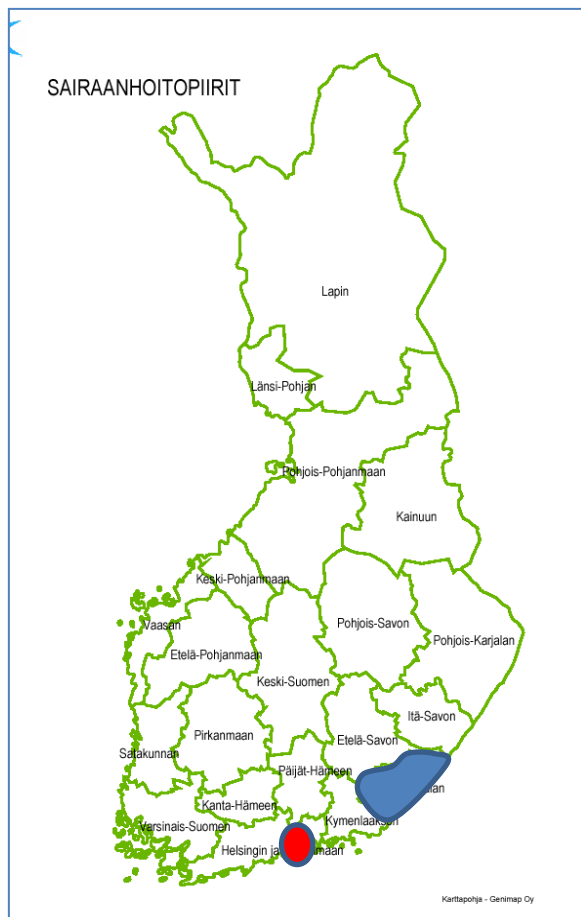
- Traditional arguments :
  - Integration between the acute hospital, primary care and social well-being services means a new and better balance between primary care, social services, services for elderly people and hospital;
  - Better coordination in strategy, financing, ICT and investments
  - Common use and recruit of staff
  - Share the resources in a new way.
- Arguments that we have learned:
  - Future challenges and the strategic edge is the population development and as a result to support home care;
  - Added value comes from data; Browse the data and develop data analyzing;
  - Artificial Intelligence, robotics, machine learning;
  - Only those patients go to the hospital who really benefit the hospital care. The largest cost savings resulting the fact that hospitals will have fewer patients.

# The South Karelia Social and Healthcare District



**Integrated and responsible for the whole Social and Health Care in the South Karelia Region.**

**The role is to coordinate and provide. Municipalities are responsible of the financing.**



**Population 130.000**  
**Budget 520 M€**  
**Workers 5600**  
**One acute hospital**  
**Nine welfare centres in municipalities**



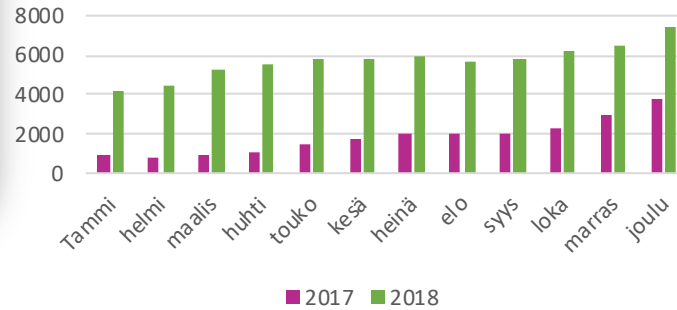
# Artificial intelligence in home care in South Karelia



## Homecare virtual visits



Development of the visits



Implemented remote visits 2018

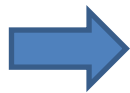
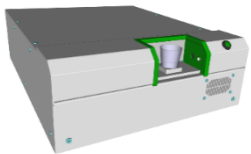
68 400 kpl

Pilot customers 250

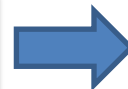


Savings 500€  
/month/customer

## Medicine robot



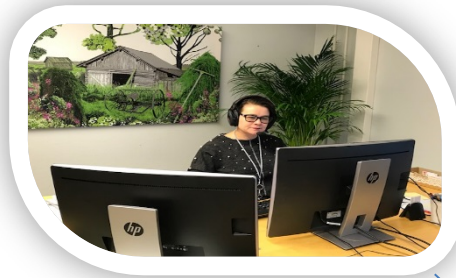
60 testing  
customers



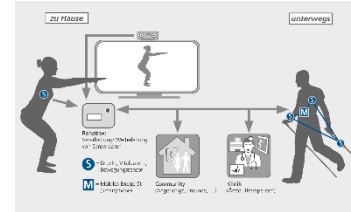
Savings  
400€/month/customer



# Autonomy in homecare nursing



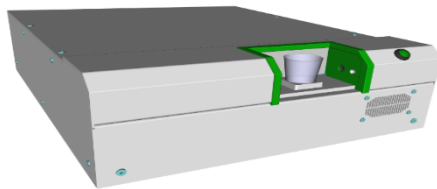
**Virtual visits**



**Tele rehabilitation**



**Intelligent insulin pumping**



**List of addresses. The nurse can plan the working day autonomously**

***Hospitals have taken the ancient role of the castles. They are the centers of their own region. The lord of the castle is planning expansion and new parts of the castle. But what happened to castles when the humble subjects became more independent and autonomous? So many empty castles. Is the fate and the future of hospitals similar to castles?***

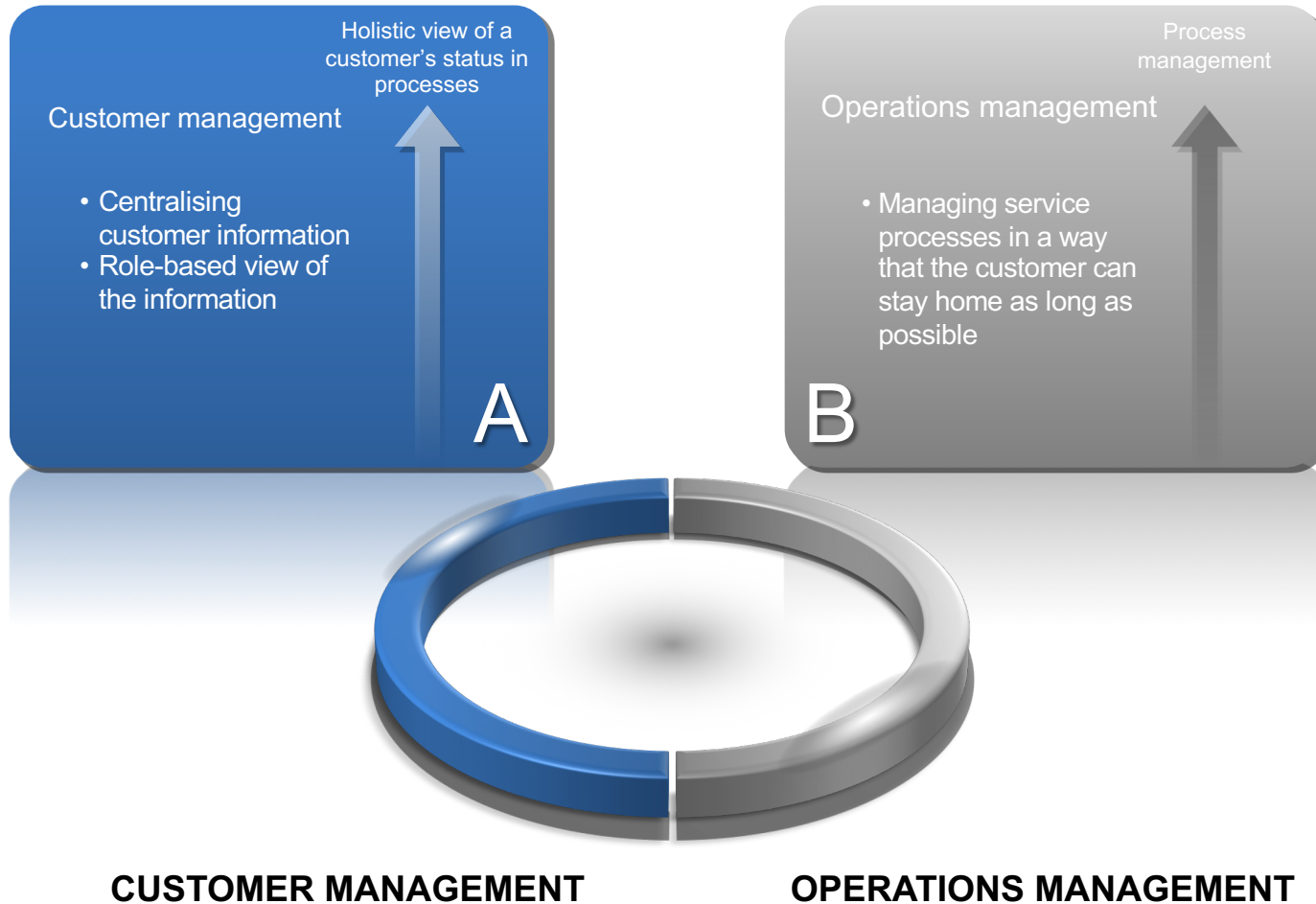


# **Improving Eksote's centralised customer management with AI-based solutions**

# Focus on CDSS-solutions since 2010

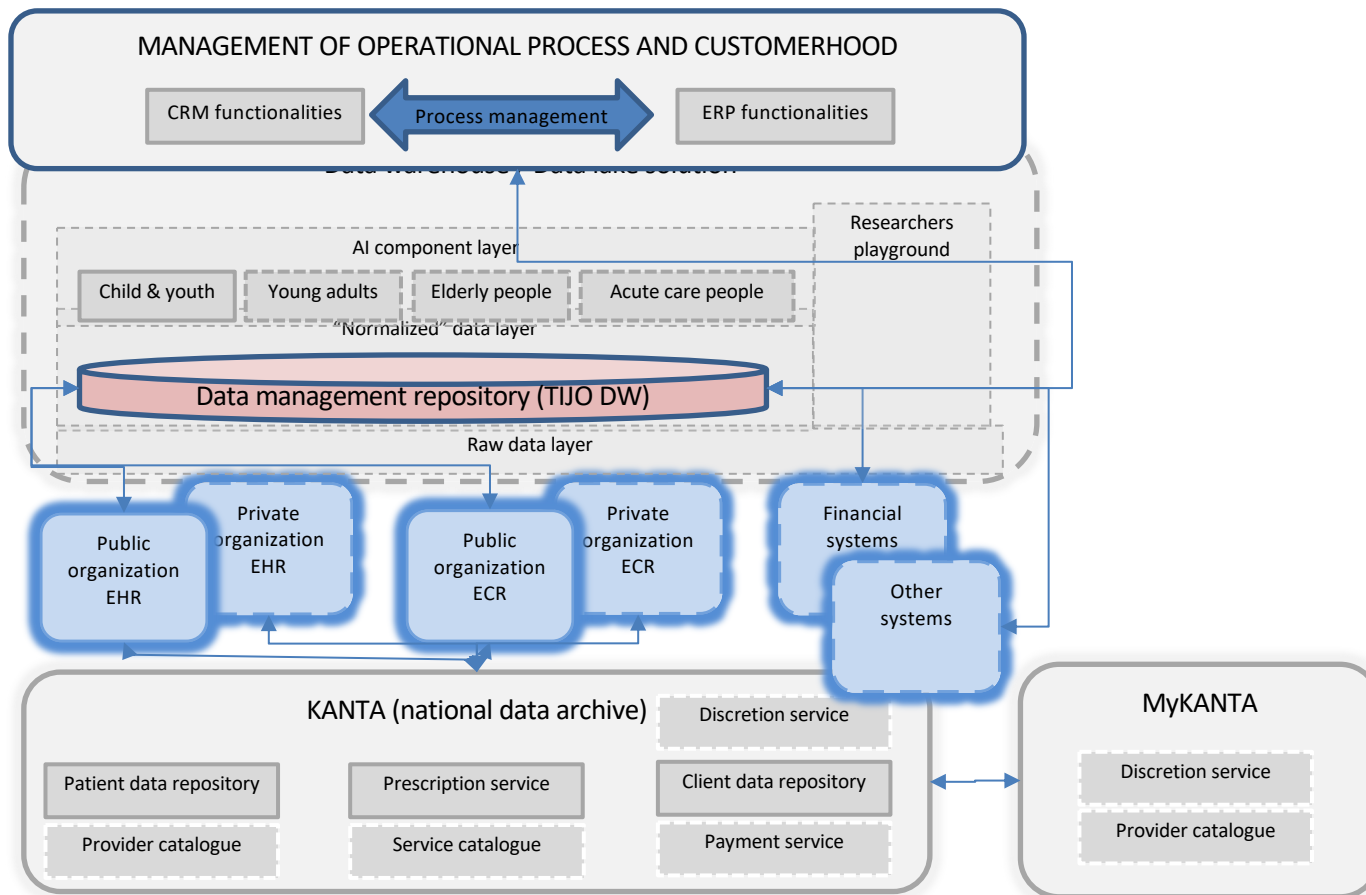
- 30 different Clinical Decision Support System (CDSS) solutions developed with agile business process management (BPM) approach covering areas like elderly care, mental health care etc.
- Technical platform used for the development work is Solutions Business Manager (SBM) offered by Micro Focus (<https://www.microfocus.com/en-us/products/solutions-business-manager/overview>)
- Main objectives for the development of CDSS are effective workflow management and standardisation of tools
- Currently the focus is on developing overall customer management in order to maintain a holistic view of a patient's status in processes
- In a study by Korpela (2019) it was found that Eksote's customer management and operations management entity should be further improved with AI-based solutions to better support decision making

# Holistic approach to managing customer information, processes and services





# IT Infrastructure – How everything is linked together?



# Ideas, opportunities and challenges collected by interviewing professionals working currently in elderly care:

- IoT-devices to support the elderly's life at home, and to collect continuous data of how the customers are coping at home
- Predictions of deterioration of performance or effectivity of rehabilitation
- Improved proactivity
- Digital, AI-supported service needs assessment

## ***COLLECTED IDEAS***

- Improved support for decision making
- More timely and more tailored service bundles for the elderly
  - More proactive assessments of changing performance ability

## ***OPPORTUNITIES***

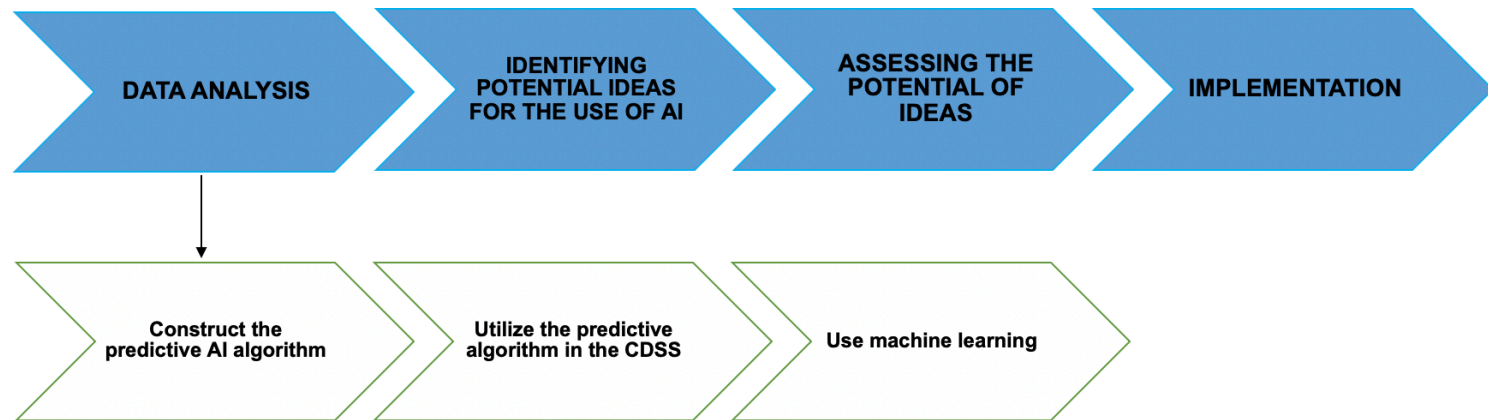
- Limited understanding of AI
- Poor quality and limited amount of available data
- Shared decision-making between AI and a professional
  - Ethical issues
- Excessive customer segmentation
- New operating models must be modelled

## ***CHALLENGES / RISKS***



# Framework for identifying, prioritising and implementing AI-based solutions

## Process for composing and prioritising ideas for the use of AI

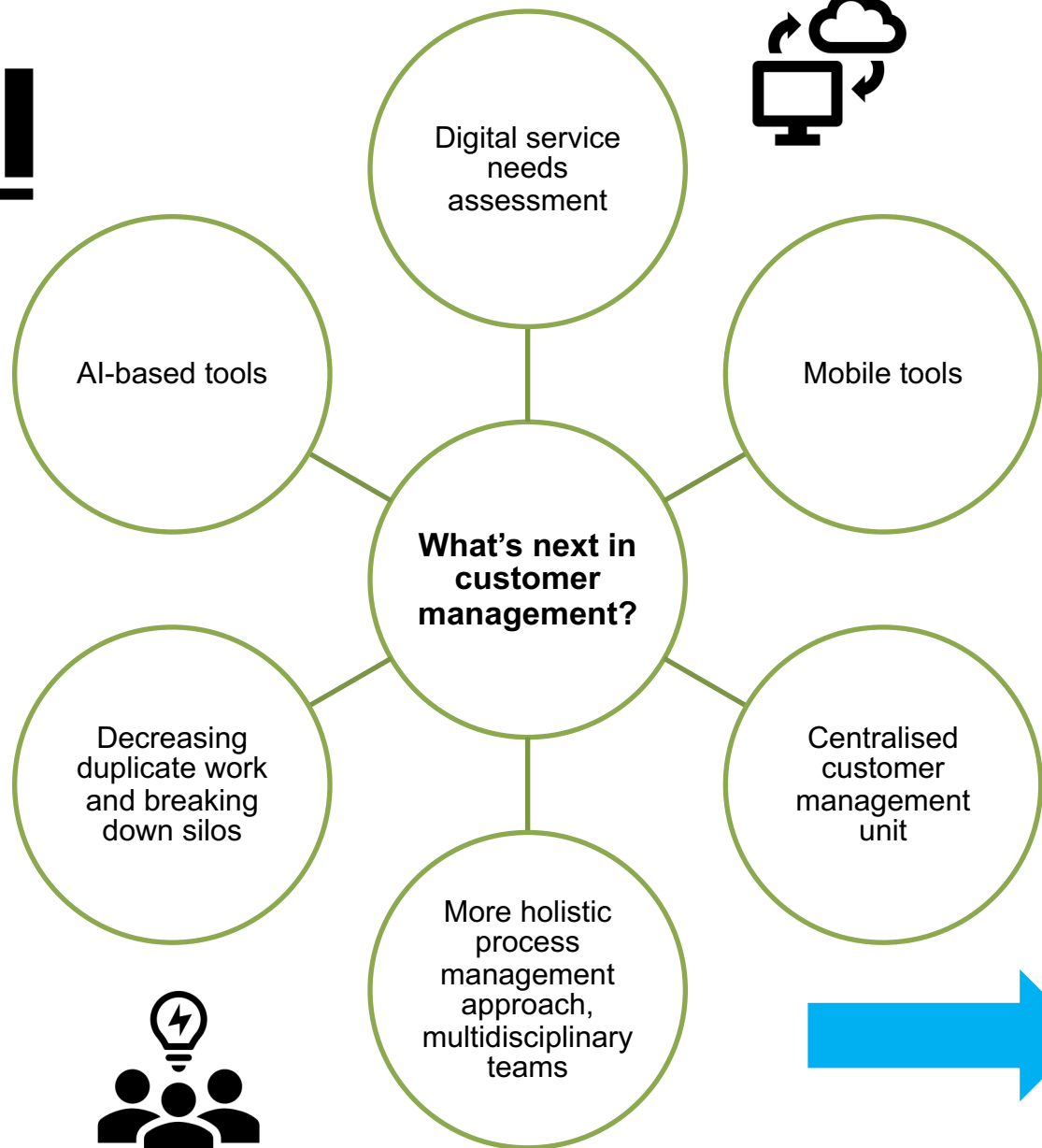


## Process for constructing the AI model

# The planned AI-based solution for home care



- The initial plan was to try to predict the need for home care or other services due to a decrease in a patient's ability to function based on structured data and free-form text
  - There is not yet enough good quality data for predicting changes in performance, although the situation is improving because of a new mobile assessment tool
- A more holistic approach was followed by concentrating on "heavy" users of services, of which most are elderly customers:
  - Based on both social care and health care data, which are combined in a data lake
  - Trying to identify common factors for different endpoints in the data
  - Testing for statistical significance and bringing forward the outstanding factors (risk factors, prediction of ending up in a specific endpoint)
  - Development of an AI solution that predicts whether the customer is at risk of ending up in a specific risk group
  - The solution supports the professionals' decision making



- **Improved decision making**
- **Increased productivity and cost savings**
- **Increased value and performance for the customers**